

Fabric Face Mask
©2020 Jo Ann Gruber – Quilted Treasures



Supplies Needed (for One Mask):

- One (1) 8-1/2" x 7-1/2" Batik or other higher thread count cotton (mask front)
- One (1) 8-1/2" x 7-1/2" Flannel (mask lining)
- Two (2) 1-3/4" x 6" Batik (side pieces/casing)
- One (1) Pipe Cleaner, Chenille Stick, Wire, etc.
- Two (2) 7" Pieces of 1/4" Elastic (or you can use fabric ties or a long shoelace instead)

Steps:

- Using 1/4" seam allowance and right sides together, sew the batik and flannel rectangles together along the longer 8-1/2" edges (Figure 1). These edges will be the top and bottom of the mask.



Figure 1

- Turn right sides out, and press. Top stitch $\frac{3}{8}$ " away from the top edge of the mask as shown in Figure 2.



Figure 2

- Fold in half lengthwise and press a crease; open and bring the edges towards that center crease and press. You should have three creases that look like those in Figure 3.



Figure 3

- Using a marking pen or pencil, place small marks 1" below each crease on both the left and right edges. (Figure 4)



Figure 4

- Starting on the right-hand side and using 1/4" seam allowance, start sewing at the top of the mask. Take a few stitches and then take each of the creases you pressed and match them to the mark that is 1" below it as you continue to sew. These form the pleats in the mask. (Figure 5)



Figure 5

- It should look like this with three pleats/tucks. (Figure 6)



- Before stitching the tucks/pleats on the left side, insert a piece of pipe cleaner or chenille stick in the 3/8" casing at the top of the mask centering it. Stitch vertical lines at either end to keep it in place. (Figure 6)
- I used a 10" chenille stick and folded it in half making it almost 5" after I folded in a bit on the end to keep the wire from poking someone in the face.



Figure 6

- Now stitch the tucks/pleats on the left side. (Figure 7)



Figure 7

- After stitching the pleats on both sides, baste the pieces of elastic in place. (Figure 8)



Figure 8

- Lay one of the 1-3/4" x 6" side pieces right side up on your work surface. Place the mask right side up on top of the side piece aligning the raw edges and centering the mask. (Figure 9)



Figure 9

- Fold the portions of the side pieces that extend beyond the edges of the mask up and down to cover the elastic; pin in place (Figure 10). Stitch in place (Figure 11).



Figure 10



Figure 11

- Open and turn the side piece so that it looks like this. (Figure 12)



Figure 12

- Fold the raw edges in towards the raw edges of the mask; press.



Figure 13

- Fold again covering the previous line of stitching (Figure 14). Stitch in place closely to the folded edge (Figure 15).

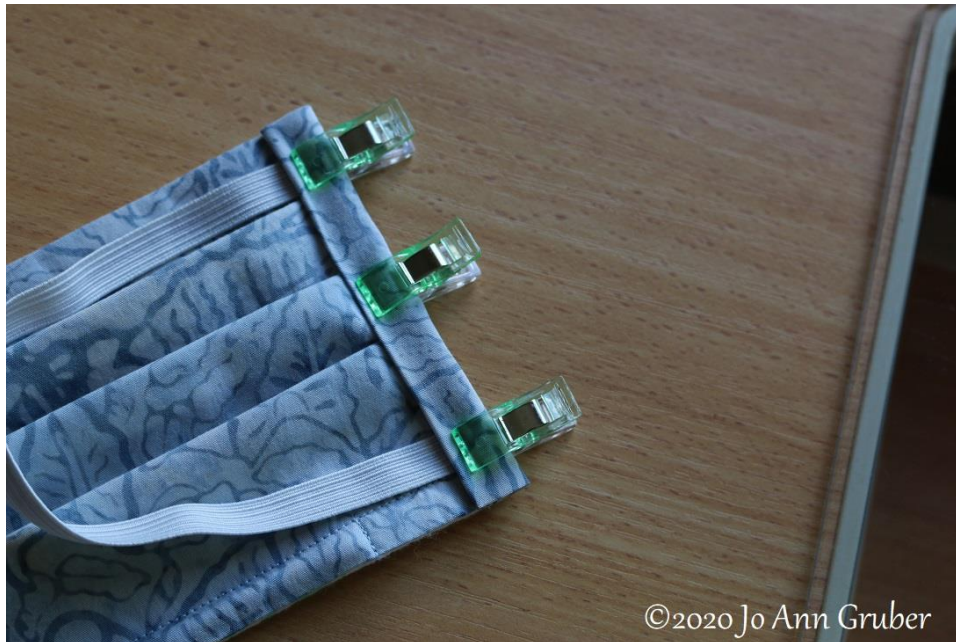


Figure 14



Figure 15

- Done! Be sure to make extras for your family, friends, community, etc.

